



**We make many decisions every day. Sometimes we need to think a little harder about the choices we make, particularly when using technology – because all choices have consequences.**

### **Factors that may prevent you making a good decision when interacting with friends:**

- \* not wanting an argument.
- \* not thinking through consequences.
- \* not wanting to lose friends.
- \* not thinking about how it may make the other person feel.

### **A TEC strategy for making good decisions**

Think of all your options. What can you do?  
Evaluate these options. What will happen if you choose to follow a particular option?  
Choose the best outcome for yourself and the people involved.

### **Your choice can:**

- \* not only affect you, it can affect others such as family, friends and the school.
- \* be a poor decision but it is important to learn from your mistakes.
- \* change how other people think of you.

### **You are responsible for the decisions you make online**

You have the power to choose whether:

- \* to forward a mean post or photo online.
- \* to give information to a stranger.
- \* to participate in cyberbullying.
- \* you help someone who is being targeted by others.
- \* to report cyberbullying.

### **Complementary activities**

Check out our eSafety resources including:

- \* Cybersmart Detectives resource - an interactive multimedia activity.
- \* #GameOn video series.
- \* How to deal with unwanted contact.
- \* Protecting personal information.