How to report an upsetting YouTube video

* YouTube relies on the YouTube community to report (flag) inappropriate content.

* Flagged videos are not automatically taken down by the flagging system.

* If a video doesn't violate YouTube's guidelines, the video may stay on the site.

* Advice on YouTube and other popular sites can be found on the Games, apps and social networking webpage.

Think before you 'like'

* Liking a post says that you agree with a nasty comment or think it's funny.

* Liking a fake page made to upset someone may add to the cyberbullying.

Be a helpful bystander

* Ask your friend if they are ok.

* Tell them to tell an adult.

* Help them collect evidence by taking a screenshot and copying the URLs (the address of the webpage. For example www.esafety.gov.au).

Dealing with cyberbullying

* Tell a trusted adult.

* Take a screenshot.

* Give support to each other.

* Report it to the social media site.

* If not removed by the social media site within 48 hours, report to the Office of the Children's eSafety Commissioner.

* Watch the video on how to make a cyberbullying complaint.

* Serious cyberbullying can be reported by the child being targeted, their mum or dad, or another trusted adult the child gives permission to.

* Ring Kids Helpline for support and to speak to a counsellor.

Types of cyberbullying complaints

Some of the complaints received by The Office of the Children's eSafety Commissioner include:

* serious name calling and nasty comments

* fake accounts

* upsetting pictures and videos

* hate pages.

Complementary activities

* Follow the journey of three more acts by downloading the presentation from the X–Factor section of the Virtual Classroom webpage.

Help us improve (teachers only)

Complete the survey and help us by suggesting new topics and ways we can improve your experience.

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