

Women Influencing Tech Spaces (WITS) is an initiative of the eSafety Commissioner (eSafety) aimed at protecting and promoting women's voices online.

WITS wants to empower women with the psychological armour to counteract cyber abuse and interact online with impact, confidence and resilience.

## About WITS

Every woman deserves to have a safe, positive and empowering experience online.

Every woman has the right to live without the fear, threat or experience of cyber abuse.

WITS uses the stories, skills and strategies of women to raise awareness of the insidious impacts of cyber abuse.

WITS shows that when women support each other, they can protect and promote their voices and together gain strength and solidarity.

## Why women?

Social media can be a powerful tool to engage, connect, communicate, learn and grow.

Unfortunately, we know that women are more likely to be the targets of personal, sexual and gender-based cyber abuse than their male counterparts.

Cyber abuse is not a women's issue; it is a societal issue that disproportionately affects women.

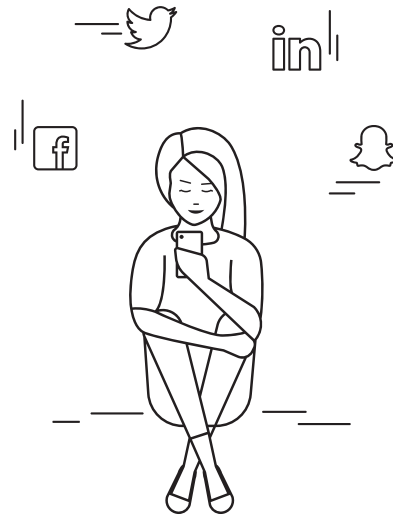
## Building your psychological armour

WITS helps women build their psychological armour by empowering them with resilience skills and strategies for coping with cyber abuse.

## Finding help and support

Women who experience cyber abuse can access help and support in a number of ways:

- By reporting to a social media service's safety centre or eSafety. Depending on the platform, targets of abuse can generally also block, ignore or mute the abuse.
- By reviewing and updating social media privacy and security settings.
- By seeking help and support if in danger or experiencing distress.



WITS will contribute to creating a better online world for women.

Join and follow the WITS conversation [#womenwithWITS](https://twitter.com/womenwithWITS) [esafety.gov.au/WITS](https://www.esafety.gov.au/WITS)

## How to reach us

General enquiries: [enquiries@esafety.gov.au](mailto:enquiries@esafety.gov.au)

Subscribe: [esafety.gov.au/subscribe](https://www.esafety.gov.au/subscribe)

Social media: [twitter.com/esafetyoffice](https://twitter.com/esafetyoffice)

Media enquiries: [media@esafety.gov.au](mailto:media@esafety.gov.au)