RESPECT MATTERS

A better internet starts with you







ABOUT

This deck is designed to provide you with resources and ideas for discussing the topic of respect — helping to build capacity in students to act respectfully both offline and online.



KEY ELEMENTS INCLUDE

Identifying role models from the sporting arena that have a positive social media presence.

Looking at students' current capacity to show respect online.

Identifying an area that students can work on in the next 24hrs and beyond to make the internet a better place.

BEING RESPECTFUL CAN BE THE DIFFERENCE BETWEEN A POSITIVE OR REGATIVE EXPERIENCE ONLINE

Group discussion

What does respect look like when you're communicating online?

WHY PARTICIPATE?

Group discussion

What are the pros and cons of participating in sport?

PROS

Making friends

CONS

Getting hurt

WHY PARTICIPATE?

Group discussion

What are the pros and cons of being online?

PROS

Hanging out with friends

CONS

Drama

Learning to respond respectfully takes practice but you can build your skills just like training builds your muscle memory.

10 MIR RESPECT WORKOUT

SHOWING RESPECT?



Activity

Click the link above to play the video and use the questions provided to analyse the characters feelings and actions.

What behaviours do you see in the video that might make someone feel upset or hurt?

Do you think the boy's actions showed respect?
Why / why not?

ATHLETE SCENARIOS

The following scenarios profile the social media interactions of athletes. Even for athletes, it's not always easy to know how to act respectfully but having the right skills and attitudes can help make the right decisions.

ACTIVITY

- Read the text to find out about the athlete and their social media profile.
- Analyse the post provided and determine whether the post is respectful (NAILED IT!) or not as respectful (NICE TRY).
- Discuss the questions and try to think about how you would act in the same situation.

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JEREMY LIN AMERICAN BASKETBALL PLAYER

Jeremy often posts pictures of his hair. He also often receives brutal feedback about it.

This post is an example of how he deals with the haters.



ilin7 Hey man. Its all good you don't have to like my hair and definitely entitled to your opinion. Actually i legit grateful you sharin it tbh. At the end of the day i appreciate that i have dreads and you have Chinese tattoos bc i think its a sign of respect. And i think as minorities, the more we appreciate each others cultures, the more we influence mainstream society.

QUESTIONS

What's the best way to respond to negative comments?

Is honesty always the best policy online?

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MONIQUE MURPHY AUSTRALIAN PARALYMPIC SWIMMER

She often posts about swimming, motivational thoughts and shows off her prosthetic leg.

In this post Monique shows her support for Share the Dignity a charity that assists homeless women.



mon.murphy It might be the last day of May but we still need to fight to end Domestic Violence. Check out the work of Share the Dignity to see their amazing efforts and how you can help www.sharethedignity.com.au www.sharethe

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QUESTIONS

Do you use your profile to help others?

How do you feel when you support others online?

ANDY MURRAY & NICK KRYGIOS TENNIS CHAMPIONS

These two tennis players are in fierce competition on the court but their social media relationship is tight. They engage in silly banter and can even joke about their losses.

This post is an example of Nick joking about their on court rivalry.



QUESTIONS

How can you tell if an online joke is respectful?

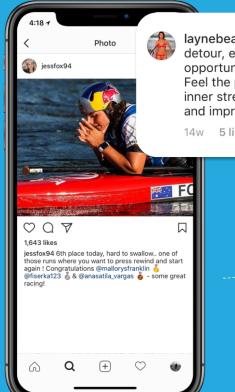
Can competition and respect co-exist?

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JESSICA FOX & LAYNE BEACHLEY CANOE SLALOM & SURFING

Both women know the highs and lows of competing at the highest level of sport.

In this post Layne shares a message of support to Jessica after a disappointment.



laynebeachley Every distraction is a detour, every mistake is a learning opportunity. You got this @jessfox94 Feel the pain, every bit of it, tap into your inner strength and resolve to learn, grow and improve.

4w 5 likes Reply

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QUESTIONS

How can you tell a friend needs support offline or online?

How do you know what's the best way to show your support?

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KOBE BYRANT AMERICAN BASKETBALL PLAYER

Kobe often posts words of encouragement to young players and those facing challenges.

In this post Ronda Rousey
(Ultimate Fighting Champion)
was being slammed on social
media. Kobe stepped in and
posted a message standing up to
the haters.





Class discussion

ARE THERE OTHER PEOPLE YOU'RE CONNECTED WITH WHO SHOW RESPECT ONLINE?

TOYOUR ONLINE COMMUNITY

30 sec thinking time

Providing thoughtful responses



Listening to other viewpoints

Trying to be positive

Admitting when you're not right





Finding the middle ground



TO YOUR ONLINE **COMMUNITY?**



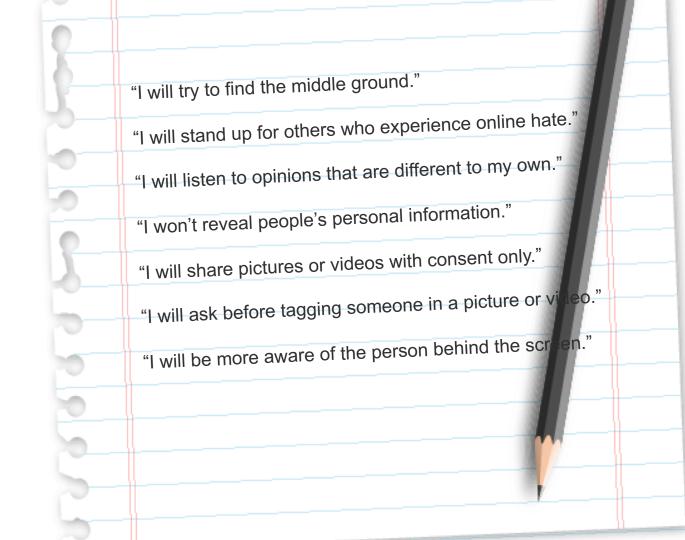
HOW WILL YOU SHOW RESPECTY

WILL.

INSTRUCTIONS

- Students handwrite the answer to 'How will you show respect online?' on a piece of A4 paper.
- 2. Students hold the written pledge in front of them and take a colour photo in landscape format.
- 3. Post the photo on your school social media and tag @esafetyoffice (ensure you have student permission to post the photo).

SOME IDEAS TO GET YOU STARTED



Extension activity

DEBATABLE

Are you born knowing how to be respectful or is it a skill you develop?



Extension activity

DEBATABLE

Some social media companies are developing algorithms which highlight any potentially offensive language before the status or comment is posted.

Should technology be used to help people act more respectfully?



Extension activity

RESEARCH

Check out these sports stars on Instagram. Find an example on each of their profiles that demonstrates 'RESPECT'.

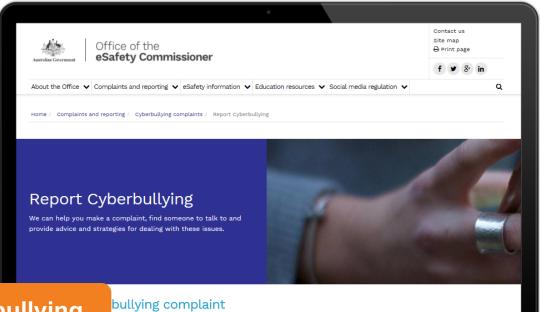
- 1. Tim Cahill
- 2. Ellyse Perry
- 3. LeBron James

- @tim_cahill
- @ellyseperry
- @kingjames



REPORT **CYBERBULLYING**

The Office of the eSafety Commissioner can help to get posts and pics removed from social media companies if you are being seriously cyberbullied.



esafety.gov.au/reportcyberbullying

aint" to open the form in a new browser window.

esafety.gov.au/reportcyberbullying

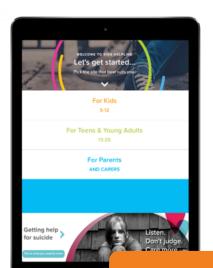
ঞ্জী eheadspace

how can we help?

+ emergency assistance

I'm looking for help... *

PLACES TO GET HELP





eheadspace.org.au

kidshelpline.com.au

Please see the downloadable teacher summary sheet for more information.

'MAKING THE INTERNET A BETTER PLACE'



Digital Intelligence

Sometimes being online can be unpredictable and scary, it can be especially difficult for young people who have a different opinion or who might suffer discrimination offline. Building Digital Intelligence in all young people can help them manage relationships and respect differences. Digital Intelligence includes skill such as critical thinking, responsibility, respect, empathy and resilience.

It takes time and practice to identify and develop the range of skills that help us act with respect.

We need to appreciate diverse perspectives, communicate with empathy, negotiate with people who are different to us and develop leadership skills.

This presentation provides students with opportunities to see these skills in action and consider how they can improve their Digital Intelligence. The presentation and activities can be used in isolation to start an informal student led-conversation or used as a package to build student kells.







