



KEEP IT SWEET ONLINE



3. Dealing with unwanted contact

Lesson plan



Topic: Unwanted contact



Target age group: Years 1-3



Lesson duration: 20 minutes



Recommended teaching approach:

'Keep it Sweet Online' is a set of three short slide decks. The decks can be used individually or as a package. Each slide deck is designed to enable teachers to facilitate a short online safety lesson. The slides include polls, discussion questions and online safety tips. The teaching notes below provide background information to the concepts covered in the slides as well as further discussion points and follow-up activities.



Activity purpose:

- Identify and list common rights of young people online.
- Discuss clues to help students identify inappropriate stranger contact.
- Share challenges in talking about inappropriate contact with strangers online.



Key words:

Unwanted contact, rights and responsibilities



Australian curriculum links:

Health & Physical Education	ACPPS055
Digital Technologies	ACTDIP022
General Capabilities	Personal and Social Capability, ICT Capability

Story synopsis

Lollylab Jnr is a made up, reality TV show where contestants compete to create the weirdest, and wackiest sweet-treats within a lolly making laboratory. It's a bit like Masterchef Jnr or Zumbo's Just Desserts. This slide deck follows the story of a young person who becomes famous for their fabulous creations. Student will discover the flipside to fame and what can happen if information about you is shared widely.

In Part 3 of the story, we look in more detail at how becoming famous can affect our right to feel safe and secure.

Teaching notes for slides

Identifying inappropriate contact

It would be a lot easier if unkind adults or bad strangers looked scary, or talked meanly, like the villains in cartoons. Then it would be really easy to pick them out – online and offline. No one can tell if strangers are nice or not nice just by looking at them or their photo, especially online. Sadly, some adults and people older than you, don't always behave in ways they should. If someone is hurting or making you feel uncomfortable through their contact or communication, it is important to tell someone.

Poll question

Put your hand up you have had a stranger try to make contact with you online?



When to tell an adult

When you're chatting to someone online or playing a multiplayer game and someone makes you feel uncomfortable you should always talk to your Mum, Dad, carer or another of your five trusted adults.

Signs that you should tell an adult are:

- If someone asks if you have a webcam in your bedroom.
- Asking if Mum or Dad is in the room.
- Someone asking LMIRL-asking to "lets meet in real life".
- Someone wanting or sending you gifts in a game or promising to send you money.
- Anyone asking for personal details like your mobile phone number or address.



Inappropriate adult contact

Adults have a responsibility to keep young people safe, including online. If an adult makes you feel uncomfortable it's important to stop the contact straight away and tell an adult. The types of things that might make you feel uncomfortable can include a person:

- Trying to become friends quickly.
- Breaking rules and getting you to break rules. They might even threaten you later if you don't do what they ask.
- Testing boundaries, like saying adult things to you and wanting to play secret games.
- Sharing pictures, videos, texts messages, photos and notes that are inappropriate.

Your rights online

It is important for you to know that every child in Australia and in the world has:

- The right to privacy.
- The right to be different.
- The right to feel safe and secure.

Rights are things that every child should have or be able to do. All children have the same rights.

Rights give children protection from harm and help you to have a happy and healthy life.

As you grow, you will have more responsibility to make good choices and exercise your rights.

Source: United Nations Declaration of the Rights of the Child, 1959.



Dealing with unwanted or inappropriate contact

The most important thing is to talk to your handful of helpers. It is very important to tell more than one of the people in your handful of helpers when something has gone wrong. It might be that the first person you tell doesn't listen properly or gives advice that doesn't feel right. So... try again. Keep telling until someone hears you. You should trust your instinct that something's not right.

Challenges of speaking up

Don't forget, it can be really normal to feel confused about telling or worried about speaking up when something is happening or has gone wrong for you. You might feel:

- embarrassed
- ashamed
- fearful
- sad
- confused
- angry

These feelings are normal. It is still important to tell.

Kids Helpline

If you don't know who to talk to about something you've experienced online you can call or start a web chat with a counsellor at the Kids Helpline. You don't have to be sad to call them, you can call them anytime of the day or night. They can help you work out what to do or just listen to you and see things from your perspective.

Reflection activity

Encourage students to start a conversation with someone from their handful of helpers about unwanted contact with strangers.



They might like to ask questions including:

- What types of contact do you think we should talk about?
- Would I be in trouble?
- What would happen after I told you?