

# Be an eSafe kid:

## Online boundaries - It's OK to say 'no'



### Years 3 and 4

This lesson plan is a Virtual Classroom resource that teaches students about online consent and how to define online boundaries.



**Topic and key words:** Consent, permission, boundaries, choice, refusal skills, respect, personal information.



**Target age group:** Middle primary



### Lesson duration:

**Pre-webinar activity** – 15 minute class discussion

**Webinar** – 45 minute webinar viewing

**Post-webinar activities** – 15 minute class discussion

Extension activities (these have varying time frames listed below).



### Activity purpose:

By the end of this learning, students will be able to:

- understand the meaning of consent and permission, and know how to apply this knowledge online
- define and practise setting personal online safety boundaries
- develop help-seeking and reporting strategies.

**Tip:** Tailor your discussions according to your students' level of understanding. Be aware that students may wish to disclose personal welfare issues.



### Australian Curriculum links

#### Years 3 and 4

These activities address Australian Curriculum outcomes including:

#### Health and Physical Education

- Analysing situations where emotions can influence decision-making, including peer-group, family and movement situations.
- Discussing how inappropriate emotional responses impact relationships.
- Rehearsing assertive behaviours and strong nonverbal communication skills.

- Recognising physical responses that indicate they are feeling uncomfortable or unsafe

### **Digital Technologies**

- Considering ways of managing the use of social media to maintain privacy needs. For example, activating privacy settings to avoid sharing personal data such as photographs, addresses and names.
- Developing a set of rules about appropriate conduct, language and content when communicating online, and using these rules as a basis for resolving ethical dilemmas.
- Discussing digital citizenship rules and behaviours for participating in an online environment.

### **Media Arts**

- Seeking permission to take photos of class members to document a school excursion for publication on the school intranet.

### **English**

- Connecting student's own experiences with the resource texts, and information that has been presented in the webinar.

## **Instructions**

1. Pre-webinar activities – answer the pre-webinar questions in the slideshow, 'Online boundaries - It's OK to say 'no''.
2. During the session - watch the webinar and complete the student worksheet. (Find out how to connect with the webinar in the teacher notes).
3. Post-webinar activity – answer the post-webinar questions in the slideshow, 'Online boundaries - It's OK to say 'no''.

## **Extension activities**

You can do these follow-up activities with your class in the days or weeks after the webinar:

- a) Use the eSafety scenarios to teach students how they can say 'no'.
- b) Use the 'Online Friends and Strangers' slide deck to explore what students can do if someone contacts them online and makes them feel uncomfortable.
- c) Use the 'I feel comfortable' resource and encourage students to think about who they want to connect with online and what they feel comfortable sharing.
- d) Watch Jimmy Rees read 'Swoosh, Glide and Rule Number 5' and encourage students to think about the boundaries their family has in place, and why they might have been set.
- e) Look at the eSafety kids page about sharing photos and personal information online. Discuss the definition of 'personal information'. Ask students to create a poster based on their 'Top tips for keeping personal information private'. Develop a class set of rules about sharing information.
- f) Ask students to read eSafety's someone is contacting me and I don't want them to page on the website. Suggest they write a list of things they can say to discourage someone from contacting them. Ask them to practise giving their responses to each other.

- g)** Use eSafety's [Be Secure](#) resources to explore device safety, how to protect privacy and how to handle unsafe situations online.
- h)** Explore the [Making good choices online](#) resources and discuss ways of standing up to peer pressure from friends.

Use the [Keep it Sweet Online](#) resources to facilitate a short safety lesson. The slides include polls, discussion questions and online safety tips. The lessons reiterate every child's right to privacy, to be different and to feel safe and secure. Connect using these links:

- Keep it Sweet Online - [Strategies for dealing with online risks - Lower and Middle Primary](#) (PDF, 5.43MB)
- Keep it Sweet Online - [Identifying and reporting cyberbullying - Lower and middle primary](#) (PDF, 4.32MB)
- Keep it Sweet Online - [Dealing with unwanted contact - Lower and middle primary](#) (PDF, 6.35MB)