

This guide shows you what to do if someone shares an intimate image of you without your consent.

What is image-based abuse?

In this guide:

- What is image-based abuse?
- How to report image-based abuse.
- Are you being blackmailed or threatened?
- How can I support someone this has happened to?
- What if this has happened to my child?
- Get help and support.



What is image-based abuse?

Image-based abuse is when someone shares, or threatens to share, an intimate photo or video online of you without your consent.

The images can be real photos or videos, or ones that have been changed or altered, for example, Photoshopped.

It is also image-based abuse if someone threatens to share an intimate image of you without your permission.



Examples of image-based abuse include:

- Your ex-partner sharing an intimate image of you on Facebook without your consent.
- Someone altering an image of you to make you appear naked and then emailing it to lots of people.
- An anonymous account threatening to share an intimate image of you on a website or porn site.

How to report image-based abuse

You can report image-based abuse to eSafety. We can help to get the intimate images or video removed and, in some cases, take action against the person who shared it.

Follow these steps to make a report:

1 Learn more about image-based abuse and how to get help and support

We offer detailed advice on [image-based abuse](#), including resources and support for anyone who has experienced image-based abuse, and their friends and family.

2 Collect evidence and information

To make a report to eSafety, you will need to collect evidence such as screenshots of what has been happening. Read more about how to [collect evidence](#).

3 Make an image-based abuse report to eSafety

Once you have collected relevant evidence and information, you can [start your report](#).

Are you being blackmailed or threatened?

If someone is threatening to share your intimate images unless you give into their demands, help is available.

Do not give them any money or bitcoin — paying a blackmailer will only result in more demands for payment.

Follow these steps:

1 Stop all contact with the blackmailer.

2 Take screenshots of the threats and then block the user.

3 Read our advice on how to deal with [sexual extortion](#).

Help in languages other than English

Call the [Translating and Interpreting Service](#) on 131 450 and ask them to contact one of the helplines above for you.

You can also call the [Translating and Interpreting Service](#) on 131 450, once you have made a report to us and we have given you a phone number to contact us on.

Guides on [how to deal with image-based abuse are available in 12 other languages](#), - Arabic, Traditional Chinese, Simplified Chinese, Vietnamese, Tamil, Thai, Persian, Filipino, Hindi, Spanish, Punjabi, and Karen.

If you are deaf or have a hearing impairment

Contact [Speak and Listen](#) (relay call options) on 1300 555 727 and ask them to contact a helpline for you, or to speak to us once you have made a report.

More information

You can find more information about image-based abuse, including advice about how to report to eSafety and get help to remove intimate images in the [image-based abuse](#) section of our website.

