LEAVING DEADLY DIGITAL FOOTPRINTS!

Yarning cards

For young people and their families

Instructions

The questions on these cards are for young people to answer.

Young people can pick any card, then their parent or carer can ask a question from the flip side. After they give their answer, you can talk about it together, ask the next question or choose another topic card. It's a great way to start an online safety yarn!

Hint: Parents and carers can help young people read the cards. If a parent or carer doesn't understand the question, it's a great opportunity for young people to explain it to them, so they can talk about it together and start a conversation. If you need to explore any of these topics further, you'll find information in the **Leaving Deadly Digital Footprints!** guide and on the eSafety website.

Respect

I show respect –
I am kind and caring with others.

1

Respect

I show respect –
I am kind and caring with others.

1

→ How do you show respect for other people online? What else can you do?

→ Have you ever created drama or tried to stir up trouble online?

→ What would you do if your friend was being bullied online?

Feelings

I trust my feelings – I ask for help when something doesn't feel right.

2

Feelings

I trust my feelings – I ask for help when something doesn't feel right.

(2)

→ How would you feel if someone was trolling you on social media? What would you do?

→ Is there any time you don't feel right when you're online? What do you do when that happens?

Responsibility

I am responsible –
I follow our tech rules.

3

Responsibility

**I am responsible –
I follow our tech rules.**

→ Do you have any rules for when and how you use devices at home? What are they?

→ How do you take care of your devices? Do you keep them secure?

Privacy

I protect my personal information.

4

Privacy

I protect my personal information.

4

→ What types of personal information should you keep private and not share online?

→ What would you do if you thought someone was being gammon and pretending to be someone else to get your info?

Connecting with others

I check my account and device settings.

5

Connecting with others

**I check my account and
device settings.**

(5)

→ What do you spend most of your online
  time doing? Are there any games you could
  play with your family?

→ Do you really know everyone you connect with online?

→ How can you change your account and device settings
  to help stop gammon people contacting you online?

Consent and boundaries

I ask before I share things online.

6

Consent and boundaries

I ask before I share things online.

6

→ Why do you have to get someone's consent before you share a photo or video of them?

→ What would you do if a nude photo of you was shared without your permission?

→ Could you tell someone to stop if they were making you feel pressured online? How would you say it?

Our brains and wellbeing

I balance my time online.

7

Our brains and wellbeing (7)

I balance my time online.

→ How do you feel when you've maybe had too much time on your device?

→ How do you balance time online with other important things like hanging out with family, playing outside or homework?

My online avatar

**I follow our tech rules –
even if people don't know who I am.**

8

My online avatar

**I follow our tech rules –
even if people don't know who I am.**

→ Name three words to describe who you are online.

→ Is it different to who you are offline? How?

→ Would you behave differently in a game online than you would in the playground? Why/why not?

Circle of friends

I know who I can trust.

9

Circle of friends

I know who I can trust.

→ Who would you go to if you need to have a yarn about something you've seen online?

→ Can you name five people you trust to help keep you safe online?

Hard yarns

I can ask for help and not feel shame.

10

Hard yarns

I can ask for help and not feel shame.

10

→ Do you know how to have a hard yarn?

→ Would you still ask for help with a problem even if you felt a bit shame about it?

→ Do you know the free numbers you can call to talk with someone about things that are worrying you? Like Kids Helpline?

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Respect

Respect

11

→ What should you do if someone leaves a nasty comment on your photo online?

→ How do you try to act when you're online?

Feelings

Feelings

→ What if you didn't want to 'friend' your cousin in a game? Would you worry about them getting mad?

→ What do you do when you see something online that makes you mad or sad?

Responsibility

13

Responsibility

→ Do you share things that might not be true? How do you know?

→ How do you care for your devices so they don't get broken or lost?

Privacy

14

Privacy

→ Can other people see pictures you post of me online?

→ Can other people see where you are when you're online? What if you don't want people to know?

Connecting with others

15

Connecting with others

→ Do you go online with others much?
What is your favourite thing to do with them?

→ Do you know everyone you connect with online?

→ Can I help you check your account and device settings,
to help stop gammon people contacting you online?

Consent and boundaries

16

Consent and boundaries

→ What would you do if someone sent you a nude image without your permission?

→ How would you tell someone to stop if they were pressuring you online?

Our brains and wellbeing

Our brains and wellbeing

→ What do you like seeing me do online?
   What would you like me to stop doing online?

→ Do you think we spend too much time online?

→ What would you like us to do instead?

My online avatar

My online avatar

→ Do you like to pretend you're someone else when you're online?

→ Do your family and friends know your online name?

Circle of friends

Circle of friends

→ Who would you ask if I needed help online and you didn't know the answer?

→ Who should I talk with for help if you're not around?

Hard yarns

Hard yarns

→ Is there anything that would be hard for you to talk about?

→ Do you know how to report bad things that happen online?