# eSafety

# National Student Wellbeing Program (NSWP)

### Information and resources

Use and share these eSafety resources to help students and their support networks to have safer, more positive experiences online.

#### **About eSafety**

eSafety can help deal with online abuse and harmful content including:

- · cyberbullying
- · adult cyber abuse
- image-based abuse
- illegal and restricted content.

### For educators

### Policies and guidance

- <u>Toolkit for Schools</u> guidance materials to assist school communities to create safer online environments.
- <u>Best Practice Framework</u> an evidence-based framework to support the delivery of online safety education.

#### **Classroom resources**

eSafety offers a range of teaching resources for <u>early learning</u>, <u>primary</u> and <u>secondary</u> educators, as well as <u>Virtual Classroom webinars</u> for years 3 to 6.

Explore eSafety's resources about how to build respectful relationships:

- For primary students
  - <u>Mighty Heroes</u> a collection of four video activities. Each one features a hero and their online safety superpower.
  - <u>Making good choices online</u> a presentation and lesson plan to encourage students to think before acting in a way that may affect others.
  - **#Game On** a series of video episodes that explores the importance of treating others with respect.





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#### For secondary students

- Rewrite Your Story a series of short videos to help students understand the impact their decisions and actions can have on themselves and others.
- <u>Young and eSafe</u> short videos and web content that highlights the value of respect, responsibility, empathy, resilience and critical thinking.
- <u>The YeS Project</u> a collection of workshops to encourage young people to act as positive leaders and supportive friends in social spaces.
- Respect Matters a slide deck and teacher guide to teach students to manage relationships and respect differences.

#### **Professional learning and training**

- Webinars for educators and others working with children and young people.
- Online modules for lower primary educators teaching online safety.
- Professional learning modules for early childhood educators.

#### Latest news and research

- Blogposts up-to-date information about new technologies and staying safe online.
- Research reporting and analysis on online safety experiences, issues, trends and responses.

Find more tailored online safety resources at <u>esafety.gov.au/educators</u>.



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### National Student Wellbeing Program (NSWP)

### For parents and carers

### Information and activities

- <u>Free webinars</u> live sessions designed to give parents and carers the knowledge, skills and tools to support their children to have safe online experiences.
- <u>The eSafety Guide</u> information about the latest games, apps and social media, including how to protect personal information and report harmful content.
- Online safety for every family (available in six languages) short videos and easy-to-read advice about how to keep children safe and what to do if something bad does happen online.
- Online safety guide for parents and carers (available in six languages) a book about key online safety issues and practical advice about what to do if things go wrong.
- Online safety for under 5s a booklet offering advice and strategies to tackle the key online issues for children from birth to 5 years old.
- <u>Swoosh, Glide and Rule Number 5</u> an online safety picture book available to watch, download or order as a printed copy.

Find more tailored online safety resources at <u>esafety.gov.au/parents</u>.



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### National Student Wellbeing Program (NSWP)

### For diverse groups

### **Online safety information**

Support and advice for:

- First Nations people.
- LGBTIQ+ community.
- · Culturally and linguistically diverse communities.
- · Individuals living with disability.



### **Easy Read guides**

- <u>Being safe online</u> explores the concepts of privacy and online friends, and how to get help if something goes wrong.
- <u>Cyberbullying a guide for people under 18</u> explains what cyberbullying is, how to report it, and how to get help if you are bullied online.
- What you can do about image-based abuse explains image-based abuse and how to get help if it happens.
- What you can do about abuse through technology explains technology-facilitated abuse and how to get help if it happens.

The eSafety website also has tailored online safety information and resources for <u>Young people</u>, <u>Kids</u>, <u>Women</u>, <u>Seniors</u> and <u>Industry</u>.

### Keep up to date

Sign up to <u>eSafety News</u> and stay up to date with new resources, online issues, events, blogs and the latest online safety research.