

Social media age restrictions

What you need to know

From 10 December 2025 Australian young people under 16 will not be allowed to create or hold accounts on certain social media platforms.

Delaying account access allows more time for young people to build digital literacy and greater resilience.



How will it work?

Under the law, the responsibility lies with the age-restricted platforms to find and deactivate existing accounts held by under-16s and to prevent under-16s from creating new accounts.

There are no penalties for under-16s who access an age-restricted social media platform, or for their parents or carers.

Social media platforms

The age restrictions are likely to apply to **Facebook, Instagram, Kick, Reddit, Snapchat, Threads, TikTok, X, YouTube** as well as other platforms. [See the latest list.](#)

Most standalone gaming and messaging apps, as well as many services that support health and education, will not be affected by the new law.

Information and resources

Visit eSafety's social media age restrictions hub to find out what's happening and how to prepare.

The hub includes practical guidance for parents and carers and young people, including get-ready guides and actions plans to prepare for the change.

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