

# 5 tips for a safer internet



1

## Be kind

Practice respect, empathy, and kindness online.

## Take breaks

Remember to play and spend time offline too.

2



3

## Speak up

Tell a trusted adult and report online abuse and harmful content.



4

## Protect your space

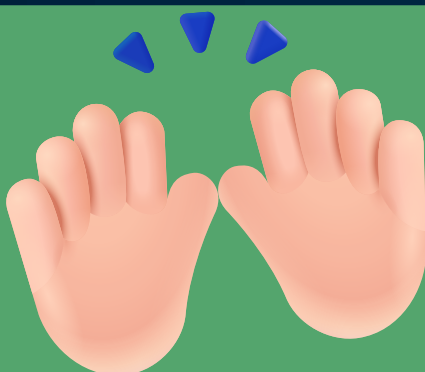
Keep your passwords private and ask an adult to help with safety settings.



5

## Start the conversation

Ask your friends, family or teachers, “What helps you stay safe online?”



Together, let's make the internet a safer, more positive place.