

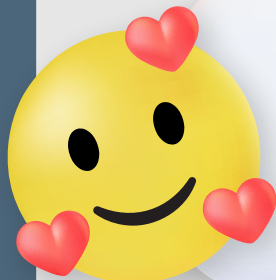
# 5 tips for a safer internet

**Be kind:** Show empathy, respect and kindness in every online interaction.



**Balance time online:** Make space for offline connection, rest and reflection.

**Speak up:** Report online abuse and harmful content to eSafety.



**Protect your space:** Use privacy settings, strong passwords or parental controls to keep your online space safe.

**Start the conversation:** Talk about online safety with your family, friends and colleagues.



Help make the internet a safer and more positive place this Safer Internet Day. Find resources at **eSafety.gov.au**